

2302.12

**ARDEN MANOR RECREATION AND PARK DISTRICT
LIFEGUARD**

JOB DESCRIPTION

DESCRIPTION:

Under supervision of the Recreation Supervisor or his/her designee, performs lifeguard duties and enforces all rules and regulations pertaining to the safety and well-being of the patrons and visitors at the facility. May also assist with the supervision and instruction of swim classes and does related work as required. Must be available to work morning, evenings and weekends required.

EXAMPLES OF DUTIES:

- Maintains continuous surveillance of people in a body of water
- Spots hazards or potential hazards and takes appropriate measure to prevent accidents
- Supervises the conduct/behavior of patrons and spectators, provides instruction on the proper use of equipment and/or pool areas and maintains a safe aquatic environment
- Assists with accidents and injuries as directed and completion of proper incident and accident reports in detail
- Practices and maintains all certification skills and is able to pass skill tests any time during the season
- Presents professional appearance and attitude at all times and maintains a high standard of customer service
- Ensures professional appearance of the facility. This includes keeping the pool area, grass area and locker rooms clean and stocked
- Attends all in-service and staff meetings as schedules
- Completes check-list task during shift
- Initiates rescues of persons in distress including first aid and resuscitation
- Teach all levels of instructional swim programs
- Assist during swim team practices or meets
- Perform other duties as assigned

PREFERED KNOWLEDGE, ABILITIES, AND SKILLS:

- Principles and practices of CPR and medical procedures
- Use of Emergency Action Plans
- The use and care of lifesaving equipment at a public swimming facility
- Assess and prioritize emergency situations while remaining calm and using sound, independent judgement
- Demonstrate lifesaving and emergency first aid skills
- Use tact, initiative, prudence, and independent judgment within general policy and legal guidelines in sensitive situations

PHYSICAL DEMANDS:

- Vision adequate to clearly distinguish objects and persons at a distance and to identify signs of swimmer distress; bodily movement adequate to frequently sit, stand, walk, run, jump, climb, swim, dive, reach, turn, bend, squat, stoop, kneel, and push/pull.
- Manual dexterity adequate to grasp objects, use fine manipulation, write, and operate office machines and equipment.
- Strength and endurance to safely swim 500 yards and perform lifting and carrying of items/persons up to 50 pounds, and work outdoors in the sun for prolonged periods of time.

ADDITIONAL REQUIREMENTS:

- Current Automatic Electronic Defibrillator (AED) Certificate
- Current First Responder First Aid and CPR Certificate
- American Red Cross Lifeguard Certificate
- Current First Aid for Public Safety Personnel (Title 22) certificate

MINIMUM REQUIREMENTS:

- Must be 18 years old or have a valid work permit. Previous Lifeguarding and swim lesson experience preferred.